

Chocolate Banana Strawberry LeanMR

- 2 scoops Chocolate LeanMR
- 1 small banana
- 6 strawberries
- 1 1/4 cups skim milk

Place all ingredients in a blender and blend until smooth.
Add crushed ice as desired for a rich milkshake effect.

Calories	421
Fat (g)	3
Saturated Fat (g)	2
Cholesterol (mg)	6
Sodium (mg)	280
Carbohydrate (g)	63
Fiber (g)	12
Protein (g)	33
Calcium (mg)	410

